



## GHANA OLYMPIC COMMITTEE

### GAMES CODE OF CONDUCT FOR ATHLETES

As an Athlete, I undertake to:-

1. Be subject to all rules, policies, regulations, guidelines and requirements of the relevant sport, including any competitions, tournaments or events in which I participate.
2. Respect the rights, dignity and worth of all people involved in sport, regardless of gender and sex, marital status, race, color, disability, sexual orientation, age, occupation, religion, or political opinion.
3. Act in a sensible and respectful manner when using all forms of communication, including social networking sites with my supervisors, supervisees, athletes and other staff, and use appropriate language at all the times.
4. Not gamble on any sporting event in which I am participating or make any other illegal gambles.
5. Declare, in an open and timely manner, any potential conflicts of interest (personal or family relationships, business dealings, etc.)
6. Abide by disciplinary sanctions that may be legitimately imposed on me by the GOC, my National federation or any authorized body.
7. Ensure the good of the team comes first.
8. Never employ illegal tactics to gain an undue advantage during competition.
9. Always conduct myself in an appropriate manner.
10. Always treat officials with respect, even in situations of disagreement.
11. Not abuse or misuse any relationship of trust, or position of power, or influence held by me within my TEAM.
12. Cooperate with coaches, athletes, teammates, officials, administrators and staff who are managing the whole TEAM.
13. Appreciate that coaches, officials and administrators have my best interests in mind as the equip, schedule and conduct sport programs.
14. Control my temper. I understand that verbal, emotional or physical abuse of officials, coaches, spectators or teammates, or deliberately distracting or provoking an opponent is not acceptable or permitted behavior in sport.
15. Treat all sport persons, with respect, never bully or take advantage of any of them.
16. Work equally hard for the team and myself, show my determination and passion to learn and do well.
17. Display modesty in victory and graciousness in defeat.
18. Comply with all anti-doping policies and regulations.
19. Create and maintain an atmosphere free from physical, emotional and sexual abuse and harassment in accordance with all applicable policies and procedures.
20. Not commit acts of vandalism or theft.
21. Maintain a high level of fitness and preparedness.
22. Refrain and discourage others from altering, distorting, removing or covering up the sponsor logo or supplier on the national sporting uniform in any photograph, video or image.
23. Be aware that sponsors and suppliers provide critical support, and recognize their support. I will, as per any arrangements made with the GOC meet the obligations placed on me.
24. Once enrolled into a GOC activity, grant to the GOC the right to use my name, likeness, image, photograph, video, biographical information and/or any other identifying characteristics.
25. Provide timely notice to the GOC through my national federation regarding cancellation of travels or events that may be come necessary due to unforeseen circumstances.
26. Not consume or promote alcoholic or illegal substances during pre-games training and during games.



27. Not enter into any contractual obligations under any circumstances with any third party without the express written consent of the National Federation and GOC.
28. Not offer or accept either directly or indirectly, any consideration whatsoever with a view to influencing the outcome of any competition.
29. Not use social media technology to bring the game, my sport, the GOC or other stakeholders into disrepute or make an inappropriate comment about a fellow competitor, coach, official or volunteer.
30. Inform management team and my coach of my whereabouts about outside the games village and during games.
31. Promote this code of conduct to other sport persons especially those who are new to the sport.
32. Adhere to all applicable national and international laws.
33. Express my displeasure for lack of logistics, per diem/allowances, ill-treatment by either teammates or officials in writing to the appropriate authorities for it to be addressed and not through boycott of competition.
34. Refrain from instigating either team mates or officials to revolt against team mates or managers.
35. Attend all team meetings prior and during the games except with a permission from the team management.
36. At all times seek permission from the team management if I have to be absent from general team meetings for medical, training and competition purposes.
37. Report all injuries sustained prior to and during the competition to the Coach.
38. Hand over my passport to the management team through my coach to be held on my behalf upon arrival until departure.
39. At all times comply with all camp rules

**NB:** I have read the above code of conduct and understand that failure to comply with any of the above shall attract disciplinary action as stipulated in the Olympic charter from the GOC or National Federation.

### ATHLETE

NAME : \_\_\_\_\_

SIGNED : \_\_\_\_\_

DATE : \_\_\_\_\_

SPORT : \_\_\_\_\_

### WITNESS

NAME : \_\_\_\_\_

DESIGNATION : \_\_\_\_\_

SIGNED : \_\_\_\_\_

DATE : \_\_\_\_\_